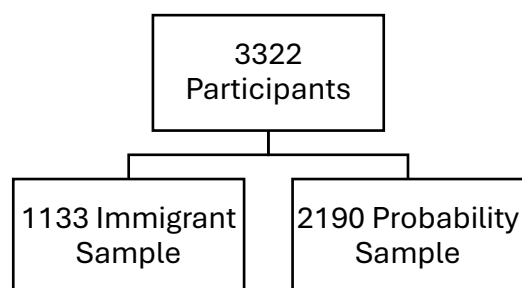


New Jersey Population Health Cohort Study (NJHealth Study) Study Overview and Data Availability (May 22, 2026)

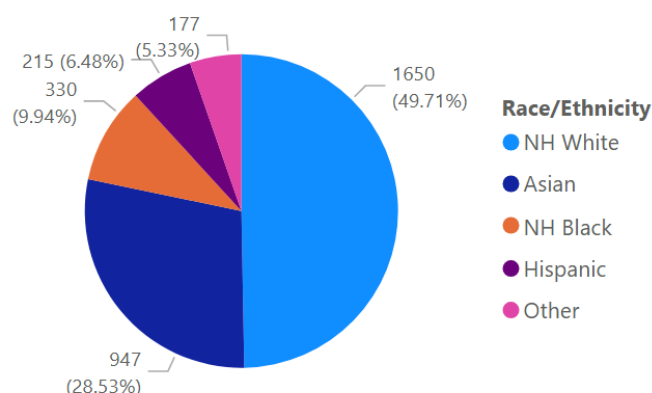
The New Jersey Population Health Cohort (NJHealth) Study aims to characterize established and emerging stressors and delineate the pathways through which they influence health, especially among groups likely to experience chronic exposure to stressors including immigrants, people of color, multigenerational families and low-income families.¹ The study is led by Joel C. Cantor, ScD, Distinguished Professor and director of the Rutgers Institute for Health's Center for State Health Policy and is funded by the Robert Wood Johnson Foundation, Rutgers Biomedical and Health Sciences (RBHS) and the State of New Jersey.

Participants were sampled in a statewide probability sample or purposively selected to recruit high-to-reach immigrant groups.² Interviews were conducted between August 2022 and April 2026 through either a staff-assisted interview or a self-directed online survey. Data were collected in English, Spanish, Korean, or Haitian Kreyol, depending on participant preference.

NJHealth Study by the Numbers

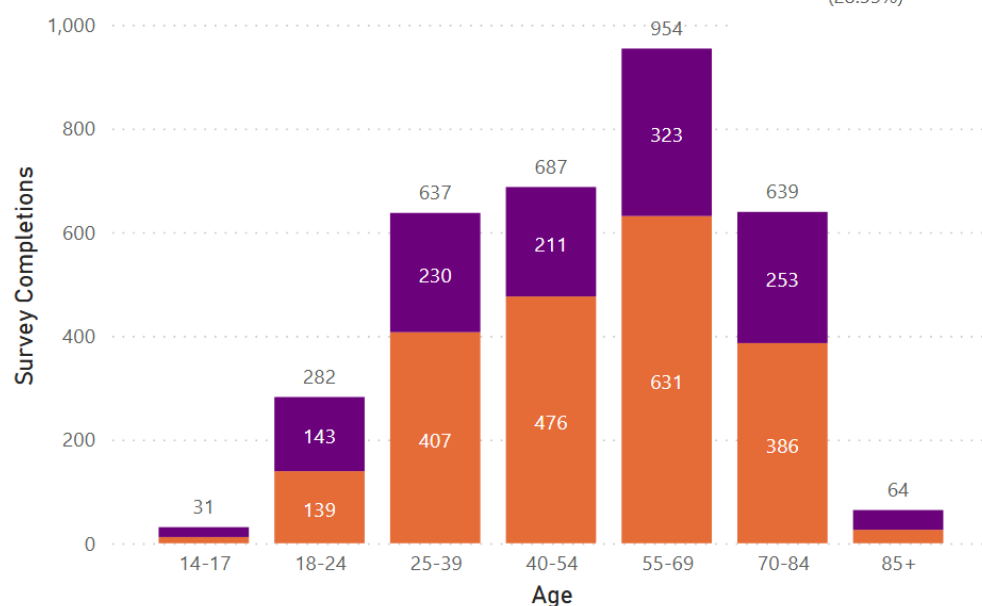


Survey Completions by Race/Ethnicity



Survey Completions by Age and Gender

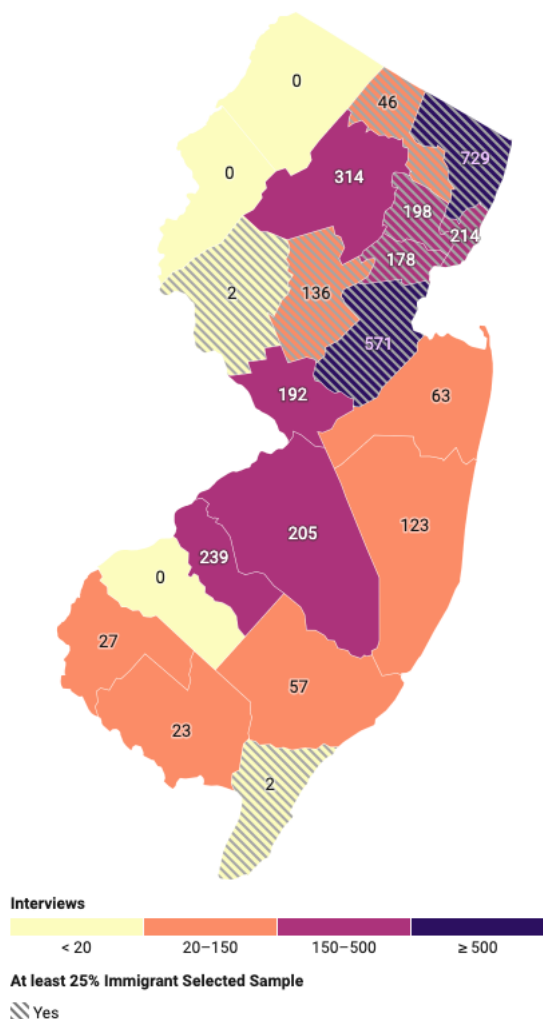
Gender: Female (Orange), Male (Purple)



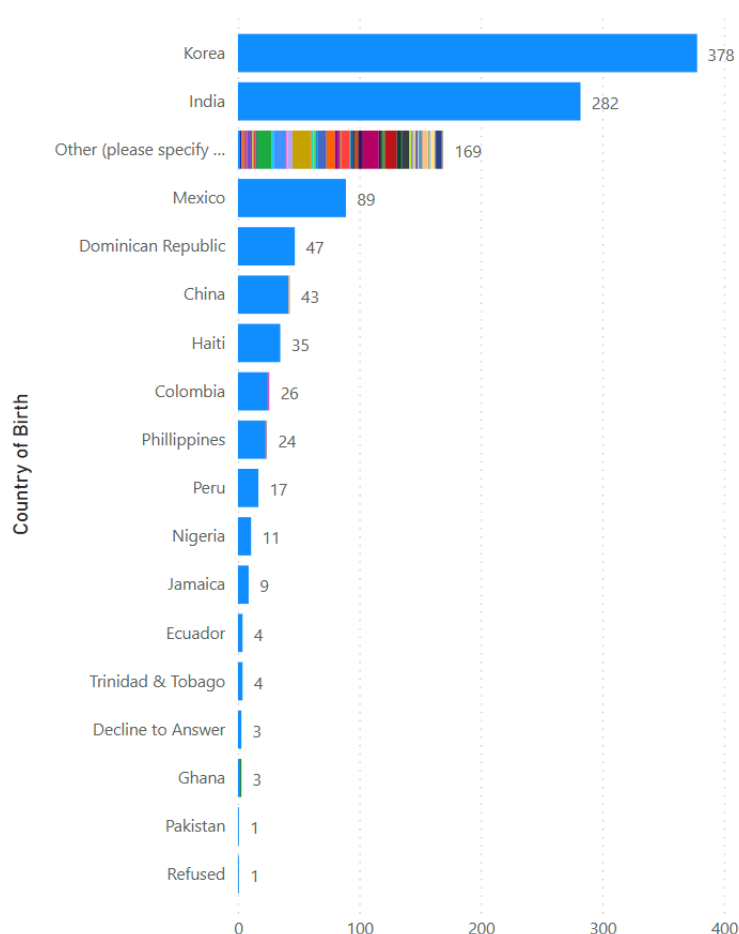
¹ Cantor, J. C., Mouzon, D. M., Hu, W. T., Bergren, S. M., Sheftel, M. G., Cohen, S. B., ... & Duberstein, P. (2025). Health implications of established and emerging stressors: design of the prospective New Jersey Population Health Cohort (NJHealth) Study. *BMJ open*, 15(3), e088489.

² Morton, K. B., Cohen, S., Zimmer, S. A., & Cantor, J. (2023). The New Jersey Population Health Cohort Study: Survey Design. In *Proceedings of the 2023 International Conference on Health Policy Statistics*. <https://doi.org/10.5281/zenodo.8336360>

Survey Completions by County



Survey Completions of Foreign Born Participants by Country of Birth



Survey Domains & Data Availability

A description of survey domains (available now) and full codebooks (available June 1, 2026) can be found at [this link](#).

Data Availability

Data files with survey responses will be available for approved users beginning in July 2026, and population weights will be available in the fall of 2026. The following data will be available for subsets of NJHealth Study participants at later dates.

- Cognitive testing
- Plasma biomarkers
- pTau217
- Genomic data, including APOE status

Contact

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