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Virtual via Zoom [click here](#)

Meeting ID 997 3921 5898

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April 8, 2026, 8:00 –9:00 am

Robert J. Adler Endowed Memorial Lecture

Genes, Environment and Insulin Resistance in the Ever-Expanding Metabolic Syndrome

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Harvard Medical School

Chief Academic Officer, Joslin Diabetes Center

Center for Life Science



Insulin resistance is central to the pathophysiology of obesity, type 2 diabetes, metabolic syndrome and many other disorders. This lecture will review the broad clinical nature of insulin resistance, understanding of the molecular basis of insulin resistance, and how human stem cell can provide new insights into this and many other diseases.

EDUCATIONAL OBJECTIVES

- Understanding the broad nature of insulin resistance beyond diabetes and obesity.
- Understanding how insulin works, and what goes wrong to create insulin resistance
- Understanding how new cellular tools, such as human iPS cells can be used to model human disease.

TARGET AUDIENCE

This activity is designed for physicians, medical students, and healthcare professionals seeking to enhance their clinical knowledge, stay updated on the latest medical research, and engage in interdisciplinary discussions. **ACCREDITATION**



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: Rutgers Biomedical and Health Sciences designates this live activity for a maximum of one AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE DECLARATIONS

Speaker: C. Ronald Kahn, MD has no relevant financial relationships with ineligible companies to disclose. Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity.

Planning Committee: David Cohen, MD (Activity Director, Content Reviewer), and Michael Steinberg, MD, have no relevant financial relationships with ineligible companies to disclose.

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