

# EmPaCT

*Employee Partners for Conflict Transformation*

## FROM TENSION TO TRUST: A FEEDBACK LAB WITH EMPACT

An interactive workshop to build confidence and comfortability in giving and receiving feedback with professionalism, clarity, and respect. Through practice and reflection, participants will learn strategies that foster trust and accountability, turning difficult conversations into opportunities for growth and connection. Discover more about how Employee Partners for Conflict Transformation (EmPaCT) helps faculty and staff to navigate workplace challenges informally and holistically.



**Frieda Hoffman, MA, PCC**  
EmPaCT Lead



**November 19 | 12 PM - 1 PM**

**[Register Here](#)**

**Virtual**